

## Modeling relaxation and jamming in granular media

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(Received 18 July 2001; published 26 October 2001)

We introduce a stochastic microscopic model to investigate the jamming and reorganization of grains induced by an object moving through a granular medium. The model reproduces the experimentally observed periodic sawtooth fluctuations in the jamming force and predicts the period and the power spectrum in terms of the controllable physical parameters. It also predicts that the avalanche sizes, defined as the number of displaced grains during a single advance of the object, follow a power law  $P(s) \sim s^{-\tau}$ , where the exponent is independent of the physical parameters.

DOI: 10.1103/PhysRevE.64.051303

PACS number(s): 45.70.Mg, 45.70.Cc, 45.70.Ht

Granular materials are composed of many solid particles that interact only through contact forces, displaying a variety of behavior that distinguishes them from other forms of matter such as liquids or solids. While granular materials can flow like liquids, unlike liquids, they reach a jammed state when stressed [1]. In the jammed state, which has analogies in a variety of physical systems such as dense colloidal suspensions and traffic flows [2], the local dynamics of grains is frustrated by close contacts between neighboring grains. Although jamming in granular materials has previously been discussed in the context of the gravitational stress induced by the weight of the grains, it can be induced by any compressive stress, such as the stress generated by an object traveling through a granular material. Indeed, there is experimental evidence [3,4] that a solid object being pulled slowly through a granular medium is resisted by local jamming, and can advance only with large-scale reorganizations of the grains. The jamming and reorganization phenomenon, which can be detected through the drag force acting on the object in a granular medium, reflects both the nature of stress propagation through the medium and the dynamics of the granular medium [5–12]. The drag force opposing the motion of the object originates in the force needed to induce such reorganizations and exhibits strong fluctuations with a stick-slip character associated with the reorganization of the grains [4]. While these phenomena have been documented extensively experimentally, a theoretical microscopic study of the behavior of jamming and relaxation of the drag force has never been attempted to our knowledge.

In this paper we introduce a microscopic model for the motion of a vertical cylinder through a granular medium, describing the jamming and reorganization of grains in terms of compression and relaxation of elastic springs [13] with random thresholds. The model can reproduce many of the experimentally documented features of the drag force, such as the sawtooth shape of the temporal behavior and the main features of the power spectrum. It predicts the period of the sawtooth pattern in terms of physical parameters such as depth, diameter, and cylinder velocity in agreement with recent experimental results [3,4,14]. In the jammed state, it predicts an avalanche-like relaxation of the grains, the avalanche size following a power-law distribution. The model

also predicts that the critical relaxations generating the sudden drops are nucleated preferentially from the bottom part of the cylinder. Finally, we find that the temporal pattern of the drag force can change from the sawtooth to a chaotic pattern depending on the elasticity of the grain medium.

*Microscopic model.* The model was constructed to emulate the drag experienced by a vertical cylinder of diameter  $d$  inserted to a depth  $H$  in a granular bed [3,4] (See Fig. 1). The grains move with constant speed  $v$  in the positive  $x$  direction, pushing the cylinder in the same direction. The motion of the cylinder is constrained by a fixed stop which is coupled to the cylinder through an external spring with spring constant  $K$ . The force on the fixed stop is equivalent to the drag force  $F(t)$  on the cylinder as a function of time. We refer to the spring located between the cylinder and fixed stop as the external spring. As the granular medium moves in the positive  $x$  direction, the grains in contact with the cylinder's surface push the cylinder with small forces whose sum is the total drag force. To model the heterogeneous nature of granular drag we regard the surface of the cylinder as a planar rectangle partitioned into  $d \times H$  cells of unit size.

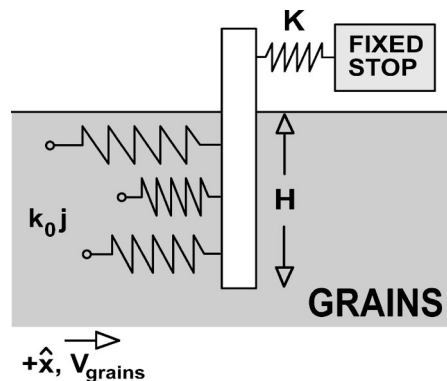


FIG. 1. Schematic illustration of the stochastic spring model. The shaded area indicates the granular medium, which moves with velocity  $v$  in the positive  $x$  direction. The motion of the cylinder that tries to move along with the grains is opposed by a fixed stop coupled to the cylinder through a spring with spring constant  $K$ . We model the grains opposing the movement as springs with spring constant  $k_{0j}$ .

Grains push the cylinder only if they are compressed, and we thus model each cell as a ‘‘grain spring.’’ The magnitude of the force  $f_{i,j}(t)$  exercised by the spring in cell  $(i,j)$  ( $i = 1, \dots, d$ ,  $j = 1, \dots, H$ ) is given by Hooke’s law  $f_{i,j} = f_{i,j}(0) + k_{i,j}x_{i,j}$ , where  $f_{i,j}(0)$  is the  $x$  component of the ambient force,  $k_{i,j}$  is the grain spring constant, and  $x_{i,j}$  is the deviation of the spring’s length from its uncompressed value. It is well known that the pressure in granular media increases linearly with increasing depth and will increase the ambient force  $f_{i,j}(0) = f_{0j}$  [15]. The grain spring constant should be interpreted as describing the elasticity of the force chains instead of the individual grains. The force chains are expected to get stiffer with depth, since the participating grains are more compressed, allowing less room for configurational changes. Thus we expect that the spring constant  $k_{i,j}$  will also increase linearly,  $k_{i,j} = k_{0j}$ .

If the grains are too compressed, they will fail by slipping relative to the cylinder surface and each other, thus relaxing the local forces. As a result, the total force acting on the cylinder decreases, and the cylinder slips relative to the grains. To model this microscopic failure we introduce a critical threshold  $g_{i,j}$ , which is a random variable uniformly distributed between  $[g_{0j}, g_{1j}]$ , where  $g_0$  and  $g_1$  are constants [16]. When the elastic force on a grain spring exceeds its critical threshold ( $f_{i,j} \geq g_{i,j}$ ), the spring is relaxed to its equilibrium position  $f_{i,j} = f_{i,j}(0)$ , and the threshold  $g_{i,j}$  is newly updated by a new random number.

As grains advance in the positive  $x$  direction by the distance  $v \delta t$  during time interval  $\delta t$ , they increase the total force acting on the cylinder, compressing the external spring  $K$  as well. The balance between the cumulative action of the grain springs and the opposing force of the external spring allows the cylinder to move in the  $+x$  direction by a distance  $l$ ,

$$l = k_t v \delta t / (k_t + K), \quad (1)$$

where  $k_t = k_0 dH(H+1)/2$  is the collective spring constant of the grain springs. The distance (1) was obtained by balancing the collective elastic forces of the grain springs and the external spring on each side of the cylinder,

$$\sum_{i,j} k_{i,j} \delta x_{i,j} = Kl, \quad (2)$$

where  $\delta x_{i,j} = v \delta t - l$ . After obtaining  $l$ , the effective compression of grain springs can be determined from  $\delta x_{i,j} = Kv \delta t / (k_t + K)$ , leading to an increase in the grain spring force by  $\delta f_{i,j} = k_{0j} Kv \delta t / (k_t + K)$ . When the grain springs are much stiffer than the external springs ( $k_t \gg K$ ), corresponding to the case in which the experiment was performed, the increased grain spring force acting on the cylinder at  $(i,j)$  becomes

$$\delta f_{i,j} = k_{0j} Kv \delta t / k_t. \quad (3)$$

The situation suddenly changes if a grain slips, i.e., the force  $f_{i,j}$  on a grain spring reaches its threshold  $g_{i,j}$ . We reset the force to  $f_{i,j}(0)$ , and the threshold is updated [17]. After this update, the balance between the elastic forces on each side of

the cylinder breaks down, because the total force acting from the grains on the cylinder has dropped by  $f_{i,j}(t) - f_{i,j}(0)$ . As a result the cylinder will move backward (in the negative  $x$  direction), pushed by the external spring, further compressing the remaining grain springs. The displacement of the cylinder can be calculated by using the balance equation (2), where the newly updated sites [i.e., those having  $f_{i,j} = f_{i,j}(0)$ ] are excluded from the summation.

There are two possible outcomes of this slip event. First, if this sudden compression of all grain springs does not cause any more springs to reach their thresholds, after establishing a new equilibrium we continue the continuous compression of all springs by the motion of the grains with velocity  $v$ . However, in some cases the discontinuous increase of the force on the grain springs will cause some other springs to reach their thresholds. In this case the updating (replacing each broken spring with an uncompressed one and calculating the new equilibrium) is repeated until no further reorganizations occur. The time is then incremented, followed by the advance of all grain springs, leading to a repetition of the above processes through compression and new updating. The dynamics of the model are similar to those of the random fuse model in one dimension [18].

The stochastic model described above offers a microscopic description of the system investigated experimentally. Despite its simplicity, as we show next, it accounts for many key factors of the observed behavior, and offers insight and quantitative predictions that were not available experimentally [3,4].

*Sawtooth pattern.* A characteristic feature of the drag force observed in the experiments is that the force on a cylinder,  $F(t)$ , increases linearly, followed by a sudden drop in  $F(t)$ , corresponding to a collective failure and reorganization of the grains. As Figs. 2(a–c) show, this sawtooth pattern is fully reproduced by the model. The linear increase corresponds to a continuous compression of both the grain springs and the external spring. At a certain point, however, a grain spring fails, which results in a collective and subsequent failure of all other springs in the system, since they are compressed to near their thresholds. Thus the stick-slip motion observed in the experiments correspond to two regimes: in the linear regime we see a linear convergence to the critical state, where all the springs are more or less simultaneously compressed toward their critical threshold. The sudden drop correspond to an avalanchelike spreading of a failure as soon as the critical or fragile state has been reached. The advantage of the model presented is that it allows us to quantitatively characterize the resulting stick-slip process.

*Linear regime.* What determines the slope of the  $F(t)$  signal in the linear regime? Equation (3) predicts that the drag force  $F(t) = \sum_{i,j} f_{i,j}(t)$  increases linearly with time with the slope  $(1/v)(dF/dt) \sim K$  in the jammed state. This linear increase is in complete agreement with the experimental results (see Fig. 2 of [4]). Furthermore, we predict that the slope is independent of the experimental details, but depends only on the spring constant of the external spring, which is again consistent with the experimental findings.

*Failure and depth dependence.* When updating occurs over the entire system, the drag force drops suddenly, be-

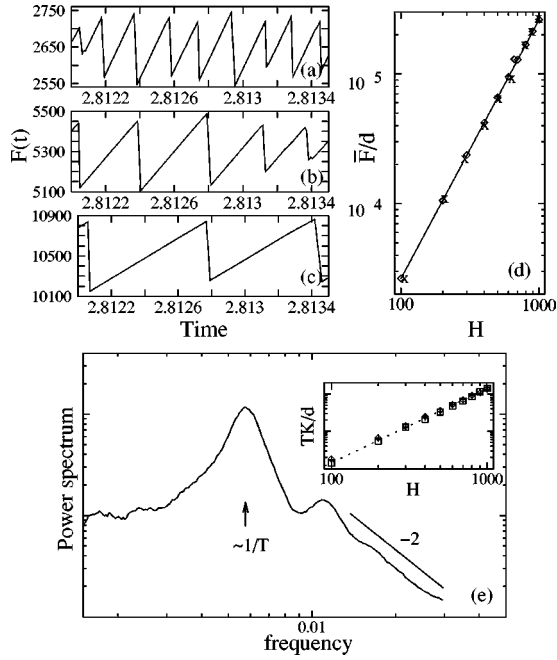


FIG. 2. (a–c) Plot of the drag force  $F(t)$  as a function of time for  $d=1$ ,  $H=100$  (a),  $d=2$ ,  $H=100$  (b), and  $d=1$ ,  $H=200$  (c), where  $f_0=0.5$ ,  $g_0=0.5$ ,  $g_1=0.6$ ,  $K=1$ ,  $k_0=1$ , and  $v=1$  are used. (d) Plot of  $\bar{F}/d$  versus  $H$  for different diameters  $d=1$  and  $5$  on a double logarithmic scale. The solid line with slope  $2.0$  is obtained by a least squares fit. (e) Plot of the power spectrum (PS) versus frequency on a double logarithmic scale. Inset: Plot of  $TK/d$  versus depth  $H$  for different spring constants  $K=1$  and  $K=5$  and cylinder diameters  $d=1$  and  $d=5$  of the cylinder on a double logarithmic scale. The data are well collapsed on to the dotted line with slope  $1.98$ , obtained by a least squares fit, predicted by Eq. (4).

cause most grain springs are reset to their equilibrium positions, and  $f_{i,j}(t)=f_{i,j}(0)$ . Instantaneous force distributions at times just before and after a big drop of  $F(t)$  on the cylinder are shown in Fig. 3. Accordingly, we expect the drag force to exhibit a sawtooth pattern [see Figs. 2(a–c)]. This allows us to determine the average value of the drag force, which has been investigated extensively both experi-

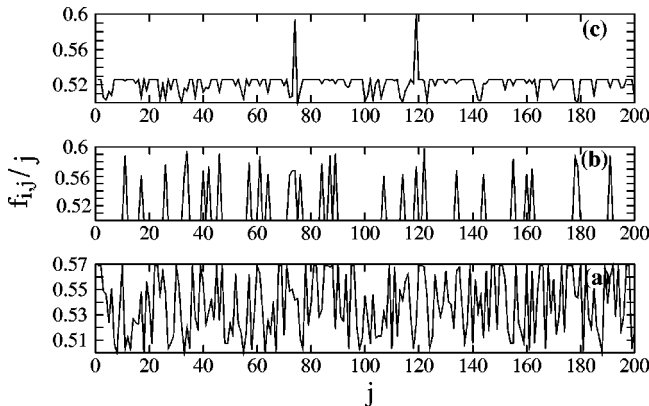


FIG. 3. Instantaneous force distribution on the cylinder just before a big drop in  $F(t)$  (a), after the drop (b), and in the middle between the two extremes (c).

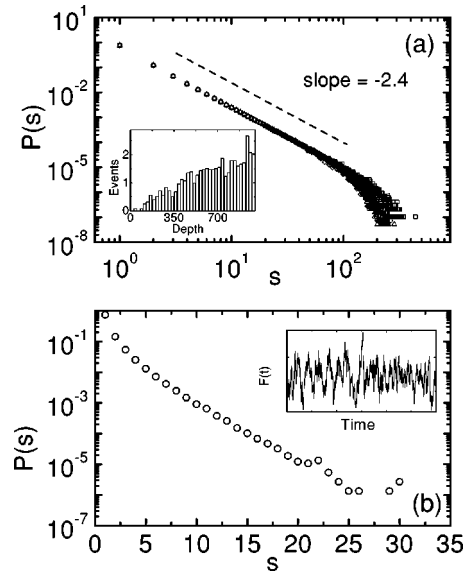


FIG. 4. (a) Plot of the avalanche size distribution  $P(s)$  versus size  $s$  on a double logarithmic scale for different diameters  $d=1$  and  $2$ , depths  $H=1000$  and  $2000$ , elastic spring constants  $K=1$  and  $10$ , and grain spring constants  $k_0=1$  and  $10$ , averaged over  $5000$  configurations, where critical avalanches that contribute an isolated point are excluded in the accumulation. The inset shows the number of avalanches nucleated at a certain depth averaged over a  $25$ -point depth interval. (b) Semilogarithmic plot of the avalanche size distribution versus size for  $k_0=10^{-6}$  showing an exponential distribution, averaged over  $5000$  runs. The inset shows a plot of the drag force as a function of time.

mentally and numerically (see Ref. [5]). Since the force at  $(i,j)$  is independent of  $i$  and proportional to  $j$ , we find that the average drag force  $\bar{F}$  over time is proportional to  $\sim dH^2$ . This result is confirmed by numerical simulation as well [see Fig. 2(d)], and is in agreement with the experimental results [4].

*Power spectrum.* To better characterize the fluctuations in the system, we measured the power spectrum of the time dependent drag force as predicted by the model. In [4] it was found that the power spectrum is characterized by a few prominent peaks and subharmonics, determining the period of the signal, followed by a power-law tail at high frequencies which decays as  $f^{-2}$ . The numerically determined power spectrum has the same features [Fig. 2(e)], exhibiting a  $\sim 1/f^2$  behavior at high frequencies and peaks at low frequencies. The origin of the  $1/f^2$  behavior comes from fluctuations of the critical relaxation time due to random thresholds. The position of the largest peak corresponds to the inverse of the period of the sawtooth pattern. Thus, by estimating the peak position, we can determine  $1/T$ , the period of the sawtooth signal [see the inset of Fig. 2(e)]. Furthermore, this period can be predicted analytically as follows: The critical updating occurs when  $\delta f_{i,j}$  is increased to the maximum value of threshold  $\sim jg_1$ . The time required to reach this critical force through jamming is

$$T \sim k_t(g_1 - g_0)/(k_0 K v) \sim (g_1 - g_0)H^2 d / K v, \quad (4)$$

which represents the period. The numerical simulation data for different depths, diameters, and elastic spring constants  $K$  [shown in the inset of Fig. 2(e)] confirm Eq. (4), and are also in agreement with recent experimental results [14].

*Avalanches.* A quantity that has not been measured experimentally, but can be determined in the present model, is the avalanche size distribution  $P(s)$ . When a collective failure occurs, this will result in the simultaneous failure of a certain number of grain springs (but not all), creating an avalanche of failures. The avalanche size  $s$  is defined as the number of springs newly updated in a single advance of the cylinder. We find that the avalanche size follows a power-law distribution  $P(s) \sim s^{-\tau}$  with  $\tau \approx 2.4(1)$  [see Fig. 4(a)]. Note that the exponent value is close to 2.5 as obtained for the fiber bundle model [19] and for sandpile experiments [20]. Power-law distributions of events are common only at critical points of spatially extended systems, indicating that the continuous compression of the grains brings the system close to a critical state. Furthermore, we find that the exponent  $\tau$  is universal, independent of physical parameters such as depth  $H$ , width  $d$ , spring constant  $K$ , grain spring constant  $k_0$ , and threshold  $g_1 - g_0$ , as long as  $k_t \gg K$ .

The simulations indicate that the critical avalanches are nucleated preferentially near the bottom of the cylinder where the stress is largest [see the inset to Fig. 4(a)]. When a spring at large  $H$  is relaxed suddenly, the load taken over by the other springs is commensurately large, and has a higher probability of nucleating a large-scale reorganization of the grains. In contrast, breakdown of springs at small  $H$  is less likely to nucleate avalanches.

*Transition.* The model predicts that the elastic properties of the granular media have a strong impact on the temporal

characteristics of the drag force. When grains are sufficiently soft, i.e.,  $k_t \ll K$ , the drag force develops a random signal rather than a sawtooth [see the inset to Fig. 4(b)]. Such random characteristics also occur when the depth  $H$  is small enough to satisfy the condition  $k_t \ll K$  for a given grain spring constant  $k_0$ . Interestingly, in this case, the avalanche size distribution does not follow a power law, but decays exponentially as shown in Fig. 4(b).

In summary, we have introduced a stochastic model that describes the jamming and reorganization of grains associated with dragging an object through a granular medium. The model reproduces the sawtooth pattern of temporal evolution of the drag force and the  $1/f^2$  high frequency tail of the power spectrum, and predicts the period of the sawtooth pattern and a power-law avalanche size distribution. This excellent agreement with the experiments is surprising because the model offers a mean-field treatment of the force chains that are known to be the basic mechanism of the stress propagation through grains. Thus improvements based on a more detailed handling of the force chains could be envisioned, but our model offers a crucial starting point for a detailed understanding of motion through granular media, and it offers a basis for more realistic modeling efforts. Finally, note that our model is similar to the ice-jam model describing an object moving through an ice field on sea or river ice [21].

This work was supported by the Petroleum Research Fund administered by the ACS, the Alfred P. Sloan Foundation, NSF Grants No. PHYS95-31383 and No. DMR97-01998, NASA Grant No. NAG3-2384, and Grant No. 2000-2-11200-002-3 from the BRP program of the KOSEF.

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 [15] Note that the depth we consider here is shallower than the Janssen critical depth; thus the average pressure increases linearly for all depths considered.  
 [16] Numerical simulations were also performed for the case when the threshold  $g_{i,j}$  increases linearly between  $[g_{0j}, g_{1j}]$ , but the drag force pattern does not change.  
 [17] Note that we choose  $g_0 > f_0$  so that the initial stress  $f_{0j}$  is always smaller than threshold  $g_{0j}$ .  
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